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Welcome

On behalf of the faculty and staff here at Trocaire College, please accept our congratulations on your choice to study Massage Therapy. We offer our commitment to ensuring the quality and continued improvement of your education to meet your career goals.

Take some time to review the materials included in this Program Policy Manual. The manual aims to provide you with information on current policies and procedures relating to the Massage Therapy Program. The manual is consistent with institutional practices and designed to supplement the Trocaire College Student Handbook and the College Catalog.

Our faculty and staff are here to assist and support you throughout your educational process. Have a wonderful year!

Mission

The Massage Therapy Program prepares students to practice medical massage with a holistic perspective emphasizing the transformational aspects of bodywork and the impact of massage therapy. The program supports students in their learning processes by providing a theoretical foundation as well as laboratory and clinical experiences that will prepare them for entry level positions in the profession of Massage Therapy.

The characteristics of self-awareness, honesty, integrity, and compassion are essential for skilled, self-reliant, responsible, accountable, and confident practitioners. Trocaire College’s training in addition to the students’ own unique abilities will prepare them for careers in Massage Therapy and enhance their understanding of the importance of lifelong learning.

Program Goals

- Prepare graduates with the knowledge and skills needed to sit for the licensing examination administered by the Education Department of the State of New York and/or the certifying exam administered by the National Certification Board for Massage and Bodywork.
- Prepare graduates to assume the duties and responsibilities of a Massage Therapist in an entry-level position.

Program Objectives

- 80% of students will complete the program within three years.
- Maintain a program pass rate for the New York State Licensing Examination that exceeds the NYS average by a minimum of 5%.
- 80% of students will secure employment in an entry-level setting within 6 months after graduation.
Program Student Learning Outcomes:

1. Plan and organize effective massage and bodywork sessions utilizing Eastern and Western modalities.
2. Perform massage therapy and bodywork for therapeutic benefit.
3. Develop and implement a self-care strategy.
4. Develop successful and ethical therapeutic relationships with clients.
5. Develop a strategy for a successful practice, business or employment situation.
6. Identify strategies for professional development.
7. Apply concepts related to Anatomy & Physiology, Myology, Kinesiology, Neurology and Pathophysiology.

Scope of Practice for Massage Therapists in New York State

7801. Definition of the practice of massage. The practice of the profession of massage therapy is defined as engaging in applying a scientific system of activity to the muscular structure of the human body by means of stroking, kneading, tapping, and vibrating with the hands or vibrators, for the purpose of improving muscle tone and circulation.

There are many techniques that fall within the practice of massage therapy. These include, but are not limited to techniques and modalities used in practices described as, "Swedish massage," "medical massage," "Thai massage," "shiatsu," "connective tissue massage," "ama," "neuromuscular massage," "tui na," "reflexology," "acupressure," "polarity therapy," "craniosacral massage," "manual lymphatic drainage," and other types of bodywork or massage provided that they are within the scope of practice of massage therapy as defined in Section 7805 of the Education Law.

Philosophy

The faculty of the Department of Massage Therapy supports the philosophy of Trocaire College, that is, belief in the innate dignity of human beings, and a desire to enhance the growth potential of its student in the atmosphere of a small college.

The Massage Therapy Program at Trocaire College prepares the graduate to assume the responsibilities and duties of a Licensed Massage Therapist at an entry level. Licensed Massage Therapists are health care practitioners who work directly with clients or patients in a variety of settings from private offices to health clubs to medical clinics.

The faculty members believe that students should assume personal responsibility for learning while the faculty members provide the environment to facilitate learning. The faculty members believe that the learning process in Massage Therapy best proceeds on a kinesthetic level from the simple to the complex and that true learning will be manifested by observable and measurable behavioral changes.

Upon completion of the clinical and academic requirements the graduate of the Massage Therapy Program will have completed the program objectives and competencies.
Trocaire College Massage Therapy Program Accreditation

The Massage Therapy Program is registered with the New York State Education Department and offers an Associate in Applied Science Degree as well as a Certificate. The College is accredited by Middle States.

Student/Faculty Expectations

Faculty members are here to assist students in acquiring knowledge and techniques to meet our combined goals. Students must do their part in making the decision to learn, apply themselves, and maintain a strong motivation to succeed.

A. Students may expect the following from faculty:
   1. Lectures and class discussions designed to emphasize important information.
   2. Laboratory “hands on” experiences during which the faculty function as role models.
   3. Clinical experiences that allow the application of theoretical knowledge and practice with appropriate supervision (i.e., the state of New York Education Department requires supervision of clinical experiences by a Licensed Massage Therapist who is a faculty member of the school).
   4. Assignments designed to assist in meeting classroom objectives and clinical competencies.
   5. Assignments returned in a timely manner.
   6. Classes that begin and end on time.
   7. Office hours observed as stated.

B. Faculty members expect students to:
   1. Report to class, labs, and clinic on time prepared to learn.
   2. Notify the instructor when planning to be late or absent from class.
   3. Read assignments and objectives prior to classes and laboratories.
   4. Spend as much time on assignments as it takes to learn the material.
   5. Submit assignments on time according to the guidelines.
   6. Seek help from faculty, Palisano Learning Center, and/or the school counselor when needed.
   7. Report to the massage clinic on time, professionally dressed, and prepared to give safe, effective treatment.
   8. Treat each other and each client in clinic with dignity and respect.
   9. Maintain confidentiality of all personal information.

Channels of Communication

If a problem of an academic nature should arise, the student may seek resolution by following the appropriate communication channels as listed below:

Step 1. Faculty member directly involved (classroom, laboratory, or clinical instructor)

Step 2. Advisor

Step 3. Director of Massage Therapy

Step 4. Assistant Dean of Health Professions
Program Overview and Admissions Procedures

A. See College Catalog -- Degrees and Programs of Study, and Admissions.

B. Massage Therapy in a Medical Setting
1. requires didactic learning including knowledge of myology, kinesiology, anatomy and physiology, pathophysiology, neurology, somatic theory, safe practice protocol, enhanced written and verbal skills, including medical vocabulary, charting guidelines, knowledge of insurance codes, HIPPA compliance, as well as specialized massage therapy skills for working with health challenged individuals.

C. Transfer Credit Policies
1. Anatomy and Physiology
   Those applicants who have taken Anatomy and Physiology I and II and passed each course with a C or better within the past five years may transfer those courses into the Massage Therapy Program. Those who have taken Anatomy and Physiology I and II beyond the five year limit and passed each course with a C or better, and have been working in a health care profession using that knowledge daily may take an assessment test. A failing score will indicate that A&P I and II must be repeated. The courses may be audited.

2. Transfer Credits from NYS Approved Massage Schools, and Massage Schools that are Accredited Under Other Jurisdictions will be accepted using the following guidelines:
   a. Transcripts cannot be more than 3 years old;
   b. Transfer students will receive credit for courses from approved massage schools, which are equivalent to those, offered at Trocaire College;
   c. Only courses completed with a grade of C, or 75, are acceptable for transfer;
   d. As of January 2002, the New York State Education Department allows New York State registered programs to accept no more than 250 hours completed in other approved schools or programs.

3. Students who apply for transfer credits from unaccredited massage schools may take challenge exams, both written and practical when appropriate, for courses with an equivalent number of clock hours and equivalent content.

Course Descriptions
Massage Therapy course descriptions and prerequisites for courses— see College Catalog under Course Descriptions.
Policies Specific to the Massage Therapy Program

Physical Examination

1. A health report consisting of a medical history, an immunization record, and a
   physical examination is required of each accepted student. The health report
   “shall be of sufficient scope to ensure that no person shall assume his/her duties
   unless he/she is free from a health impairment which is of potential risk to
   patients or personnel or which might interfere with the performance of his/her
duties, including the habituation or addiction to depressants, stimulants,
narcotics, alcohol or other drugs or substances which may alter the individual’s
behavior.” (New York State Department of Health Code 405.3[b][10])

Based on NYS Public Health Law, the NYS Hospital Code, NYS Education
Department regulations, and the NYS Department of Health Law, Trocaire
College’s Programs in the Healthcare Professions have established specific
standards for physical, mental, and emotional health as basic requirements for
students. Any student accepted into a Program in the Healthcare Professions at
Trocaire College will be required to meet these standards.

Students are advised that the College and clinical agencies associated with
Programs in the Healthcare Professions will rely upon the health information
supplied by and for the student. Any student who withholds or knowingly submits
incorrect health information shall be subject to disciplinary action according to
the Student Handbook.

2. The student must have adequate visual acuity (with or without corrective lenses),
sufficient hearing (with or without hearing aids), and communication skills
necessary to meet objectives of the program.

3. The student must have sufficient physical ability and manual dexterity to meet
program requirements including, but not limited to: the physical ability to
perform the basic movements of Western massage and bodywork as well as
Eastern massage techniques.

4. Any student who is pregnant at the time of registration or who becomes pregnant
during the course of study must provide a written statement to the Health
Records Coordinator from her physician stating that she is physically capable of
participating in classroom and clinical experience without restriction.

5. Any student with a seizure disorder must present medical certification from an
attending physician of being seizure-free for one year.

6. Any student who has been treated, hospitalized, or absent due to pregnancy,
surgery, injury, serious physical and mental illness or emotional disorders must
present medical documentation of:
   a. Ability to participate without restriction in classroom, college laboratories,
      and clinical areas.
   b. Adequate physical, mental, and/or emotional ability to continue in the
      program of study.
c. Medical clearance forms must be submitted to the clinical instructor upon return to the clinical site.

7. Any student who, because of medical restriction, is unable to meet program objectives will be required to withdraw from the program.

8. Students must have submitted proper documentation of all required health information or provide a documented state of medical/religious exemption prior to the commencement of classes and/or continuance in a Program in the Healthcare Professions. (Students accepted after the scheduled registration dates will be allowed 30 days for completion of health records.)

9. Students whose health records are not received, are incomplete, or are not in compliance with required information, will not be permitted to attend classes or laboratory experiences beyond the 30-day extension. Information regarding access to community health agencies is available through the Health Office.

10. The student will be responsible for submitting to the Health Office all required updated immunization records, test results, medical clearance forms, and annual health assessments. Failure to do so will result in suspension of clinical experiences, and in some cases, suspension from class attendance.

11. The College must provide student health information to clinical agencies as required by New York State Department of Health regulations and legal contracts with affiliating agencies.

13. Students enrolled in the Massage Therapy Program are instructed in the proper safety precautions regarding “Standard Precautions.” Students failing to comply with policy will be relieved of duty until compliance is assured.

14. See Student Handbook for Trocaire College policies on HIV infection and AIDS.

**Student Accident/Incident Policy**

1. Injury or Incident at the College
   Massage Therapy students will be provided with accident insurance by the College. Health insurance is not included in this policy but students in the Massage Therapy Program are encouraged to maintain health/medical insurance from an agency of their choice. Forms for insurance claims are available from the Student Services Office.

   If an incident/injury occurs at the College the student must inform the instructor. The appropriate insurance forms must be completed and sent to the Health Office.

2. Injury or Incident at the Clinical Agency
   If an incident occurs at the Clinical site, students must report incidents to the supervisors and appropriate clinical personnel immediately. The student should inform personnel that she or he is in the Massage Therapy Program at Trocaire College. When an incident occurs at a clinical site, appropriate College forms must be completed. There are different College forms for incidents involving patients and those that do not involve patients.
**Code for Professional Behavior**

2. Adherence to the American Massage Therapy Association Code of Ethics. (See Appendix A.)
3. Attitudes and Behaviors:
   a. The student must demonstrate a positive attitude toward both the field of Massage Therapy and more particularly the patient/client. Empathy and compassion for patients and respect for co-workers and supervisors is very important.
   b. Honesty and integrity are two qualities that are fundamental for the health care provider. Therefore, these areas will be looked at critically throughout the program and addressed at clinical evaluation time.
   c. Confidentiality is essential to the relationship between client and practitioner. Students in a Program in the Healthcare Professions are expected to behave in accordance with established guidelines of ethics and responsibility. Students are expected to conduct themselves both in school and outside of the program in a manner that will not discredit the clinic site, the College, the Massage Therapy profession, or themselves.
   d. Responsibility and accountability are key words for the practice of Massage Therapy. Responsibility means the ability to respond in a reliable and trustworthy way; accountability means that each person stands behind her or his individual decisions and actions. Students must apply theoretical knowledge, practice ethical and professional behavior in order to give safe and effective care.
   e. Adhere to the Trocaire College Student Code of Conduct regarding possession, use, and sale of drugs and/or alcohol. (See Trocaire College Student Handbook.)

**Attendance Policy**

Because the state requires massage therapy students to participate in classes for a specified number of clock hours, it is imperative that students do not miss classes. If, due to an extreme emergency, a student must miss class, please call to notify the instructor beforehand. You may complete make-up assignments for two classes per semester. If more are missed, you will be asked to withdraw and enroll in the course at another time. Repeated unreported absences will result in a grade of FX (failure due to excessive absence).

**Massage Therapy Program: Classroom and Clinical Dress Code**

The personal appearance and demeanor of Massage Therapy students at Trocaire College reflect the College, the Program, and Professional Standards. Students are expected to be professionally groomed at all times.
**Massage Therapy Program Student Uniform** consists of black scrubs, and clean sneakers or nursing-style clogs. Students are REQUIRED to wear uniform to all Massage Therapy Program classes (MT: 101, 105, 106, 110, 111, 205, 206, 211, 212, 216, 217, 218, 129, 230, 240, 245.) Massage Therapy Program uniform is not required to attend general education classes, only Massage Therapy Program classes.

Massage Therapy Program scrubs should be plain black with no unnecessary colors or markings. A stretch fabric is recommended due to the nature of the profession. Please allow ample time if ordering scrubs online, as items may be backordered and the uniform is a requirement by week 2 of the start of the program.

Students should maintain body hygiene. Hair should be neat at all times. Long hair should be tied back off the face. Make-up use should be discreet. Highly scented perfumes, colognes, and after-shave lotions are not permitted due to allergies. Nail polish should not be worn since some massage oils can dissolve it, especially nail products containing latex. **Fingernails must be kept very short.**

All Massage Therapy Program students, while enrolled in Massage Therapy Clinical Rotations, will be required to cover any visible tattoos and to remove all visible body piercings. Failure to do so will result in points being deducted from Massage Therapy Clinical Practicum classroom grade as deemed appropriate by clinic instructor.

**Clinical Supervision**

1. The instructor will be available to students at all times. Any deviation from the students’ scheduled assignments must be discussed with the instructor. Students will not change assignments without approval of the instructor.

2. Students must be in compliance with all the rules and regulations of the clinical affiliations. The clinical affiliation has the right to request suspension from that affiliation for any student who demonstrates a breach of rules or displays unethical or unsafe behavior.

3. Students are required to:
   a. Report to the clinical site at the assigned time.
   b. Be punctual for all daily events.
   c. Return on time from lunches and breaks.

4. In cases of absence from the clinical experience, it is the student’s responsibility to:
   a. Call the clinical instructor well in advance of the appointment;
   b. Speak directly with the clinic supervisor and provide a reason for the absence;
   c. Make up any missed hours.

**Academic Evaluation**
A. Grading

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<thead>
<tr>
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<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>95-100</td>
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<tr>
<td>A-</td>
<td>92-94</td>
</tr>
<tr>
<td>B+</td>
<td>89-91</td>
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<tr>
<td>B</td>
<td>85-88</td>
</tr>
<tr>
<td>B-</td>
<td>82-84</td>
</tr>
<tr>
<td>C+</td>
<td>79-81</td>
</tr>
<tr>
<td>C</td>
<td>75-78</td>
</tr>
<tr>
<td>C-</td>
<td>72-74</td>
</tr>
<tr>
<td>D+</td>
<td>69-71</td>
</tr>
<tr>
<td>D</td>
<td>65-68</td>
</tr>
<tr>
<td>F</td>
<td>64-0</td>
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Students must maintain a passing grade of 75 (C) or better in all Massage Therapy and Science classes in order to remain in good standing. A 2.0 grade point average must be maintained to graduate from the College with a degree.

FX Failure due to excessive absence.

I Incomplete. A student who receives an I grade shall initiate procedures to make up and complete all written work and assignments within one month of the final examination. An incomplete becomes an F if not removed within a month of the examination.

W Withdrawal (without academic penalty).

WF Withdrawal Failing.

S Satisfactory.

U Unsatisfactory.

AU Audit

Z Academic Amnesty/Bankruptcy

B. Clinical/College Laboratory Evaluation

The Student will be required to demonstrate satisfactory clinical/college laboratory performance. An unsatisfactory evaluation will be given if the student does not perform competently in all aspects of clinical/college laboratory experience and meet required clinical/college laboratory competencies that include written assignments. An unsatisfactory evaluation in the clinical/college laboratory area will result in an automatic failure in the course.

C. Clinical Experience Evaluation

1. Students will consult with instructors for evaluation purposes throughout the semester. The student is expected to demonstrate a satisfactory level of performance in the clinical setting which indicates an integration of classroom theory and technical manual skills needed in the massage room.

2. New York State Law prohibits any compensation to students in the massage clinic.

3. Criteria for satisfactory clinical performance are based on:
   a. Successful completion of all clinical objectives and competencies.
   b. Adherence to the Code for Professional Conduct.
   c. Adherence to the policies of the Massage Therapy Program.

4. Criteria for Unsatisfactory Clinical Performance are based on:
a. Failure to complete all clinical objectives and competencies.
b. Failure to comply with attendance and punctuality policies. This includes repeated failure to notify clinical instructors regarding tardiness or absenteeism on scheduled clinical days.
c. Failure to comply with policies and procedures for the Massage Therapy Program.
d. Inability to make adult decisions and demonstrate emotional maturity.
e. Need for frequent and continuous direct guidance and detailed instructions to prevent mishap or error in carrying out the duties of a Massage Therapy student as described in the competencies.
f. Failure to complete and submit any written work on the assigned dates.
g. Failure to demonstrate Universal Precautions in the massage clinic environment.
h. Performance indicating continued lack of required preparation.
i. Failure to demonstrate improvement to a satisfactory level in identified areas of clinical performance commensurate with the level of preparation and performance.

Criteria for Ineligibility to Progress in the Massage Therapy Program
The student must meet the following course requirements to remain in the Massage Therapy Program:

A. Participate in the number of classroom hours required by the state of New York Education Department. This includes adherence to Attendance Policy as stated in this manual.

B. Demonstrate successful mastery of the pre-clinical competencies in all courses. Before entering the clinical area, the student shall demonstrate mastery in the following competencies:
   1. Using knowledge of various systems of anatomy and physiology, and contraindications, make a client-assessment;
   2. Developing a session strategy, applying relevant techniques to support optimal functioning of the human body;
   3. Establishing a relationship with a client that is conducive to healing;
   4. Adhering to professional standards of practice and a code of ethics;
   5. Meet all clinical competency evaluation requirements and clinical performance evaluation requirements;
   6. Maintain a passing grade of C or better in Massage Therapy and Science courses.

Course and Instructional Evaluation

A. Evaluation of Massage Therapy Courses
   At the end of every semester, students will be asked to evaluate the Massage Therapy course they have completed. Evaluation provides an opportunity to offer constructive suggestions in an objective manner.

   The Massage Therapy faculty and administration review student evaluations after semester grades are sent to the Registrar. Changes in the curriculum may result from student course evaluations.
B. Evaluation of Instruction
During the course of the semester, students will be asked to rate both the classroom and clinical instructors. Students will be asked to evaluate instructors in an objective manner and use the opportunity to offer constructive suggestions. Students’ evaluations are used by faculty members for self-growth and improvement in their individual teaching responsibilities.

In addition to students, faculty members are evaluated according to the College evaluation process. The total process of evaluation is designed to improve the Massage Therapy Program.

Program Readmission Policy
Students recommended for readmission must successfully meet the requirements for readmission established by the Massage Therapy program.

A. For a student who has failed to achieve a grade of C or better in laboratory sciences and core MT coursework, documentation will be completed and acted upon by the Massage Therapy faculty who will make the final decision regarding student readmission based on the following criteria:

1. Overall academic performance
   a. Examination grades
   b. Attendance
   c. Instructors’ and Program Director’s comments and recommendations
   d. Achievement in pre-requisite courses and Liberal Arts courses
   e. Adherence to the Code of Professional Behavior

2. Mastery of pre-clinical competencies in Western and Eastern bodywork as well as myology and kinesiology laboratories

3. Clinical attendance, performance, and evaluations

A student denied re-admission to the Massage Therapy program has the right to appeal the decision. Students desiring to appeal should contact the Director of Massage Therapy.

Title IX Pregnancy Policy Compliance
“No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.” The Massage Therapy Program may not discriminate against any individual who is enrolled in the program and who is pregnant. Appropriate accommodations and alternate comparable activities will be offered as the situation warrants. Upon confirmation of pregnancy, the student must obtain a written statement of medical clearance (without restrictions) from her doctor regarding health status and advisement for continued participation in supervised practice experiences. Medical clearance forms are available through the Trocaire College Health Office.
Appendix A: Code of Ethics Behavioral Guidelines

American Massage Therapy Association, Effective Date May 1, 2010

This Code of Ethics is a summary statement of the standards of conduct that define ethical behavior for the massage therapist.

**Principles of Ethics.** The Principles of Ethics form the first part of the Code of Ethics. They are aspirational and inspirational model standards of exemplary professional conduct for all members of the association. These Principles should not be regarded as limitations or restrictions, but as goals for which members should constantly strive.

*Massage therapists/practitioners shall:*

1) Demonstrate commitment to provide the highest quality massage therapy/bodywork to those who seek their professional service.
2) Acknowledge the inherent worth and individuality of each person by not discriminating or behaving in any prejudicial manner with clients and/or colleagues.
3) Demonstrate professional excellence through regular self-assessment of strengths, limitations, and effectiveness by continued education and training.
4) Acknowledge the confidential nature of the professional relationship with clients and respect each client’s right to privacy within the constraints of the law.
5) Project a professional image and uphold the highest standards of professionalism.
6) Accept responsibility to do no harm to the physical, mental and emotional well-being of self, clients, and associates.

**Rules of Ethics.** The Rules of Ethics are mandatory and direct specific standards of minimally-acceptable professional conduct for all members of the association. The Rules of Ethics are enforceable for all association members, and any members who violate this Code shall be subject to disciplinary action.

*Massage therapists/practitioners shall:*

1) Conduct all business and professional activities within their scope of practice and all applicable legal and regulatory requirements.
2) Refrain from engaging in any sexual conduct or sexual activities involving their clients in the course of a massage therapy session.
3) Be truthful in advertising and marketing, and refrain from misrepresenting his or her services, charges for services, credentials, training, experience, ability or results.
4) Refrain from using AMTA membership, including the AMTA name, logo or other intellectual property, or the member’s position, in any way that is unauthorized, improper or misleading.
5) Refrain from engaging in any activity which would violate confidentiality commitments and/or proprietary rights of AMTA or any other person or organization.
Appendix B: New York State Commissioner’s Regulations

Section 52.15 Massage Therapy Last Updated: June 9, 2009

(a) A program of instruction in massage therapy may be offered at a degree-granting institution or by a school or institute of massage therapy that meets the requirements of this Part.

(b) Curriculum. The institution shall maintain a satisfactory program of not less than 1,000 clock hours of classroom instruction or the semester hour equivalent, as prescribed as follows:

(i.) 200 clock hours in anatomy, physiology, and neurology, provided that a minimum of 50 clock hours of instruction is given in neurology;

(ii.) 150 clock hours in myology and/or kinesiology;

(iii.) 100 clock hours in general pathology, including related to skin, neuromuscular, and soft tissue conditions;

(iv.) 75 clock hours in the subjects of hygiene, first aid, and other areas related to the practice of massage therapy, including but not limited to instruction in: infection control procedures; cardiopulmonary resuscitation (CPR) resulting in certification; the recognition of abused and/or neglected patients; and the uses, effects, and chemical ingredients of powders, oils, and other products used in the practice of massage therapy;

(v.) 150 clock hours in general theory and techniques in the fundamentals of western massage therapy and oriental massage therapy, provided that a minimum of 50 clock hours of instruction is given in each type of massage therapy; and

(vi.) 325 clock hours of additional instruction and student practice in massage therapy techniques, within the practice of massage as defined in section 7801 of the Education Law, provided that each student shall be required to directly apply massage therapy techniques to another individual for a minimum of 150 clock hours and that student practice shall be under the on-site supervision of a person licensed to practice massage therapy pursuant to the requirements of section 7804 of the Educational Law or authorized to practice massage therapy by subdivision of section 7805 of the Education Law.
## Appendix C: Trocaire College Credits to Hours Equivalence

<table>
<thead>
<tr>
<th>Credits</th>
<th>Hours</th>
<th>Courses</th>
</tr>
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</table>
| 4       | 75    | Anatomy & Physiology I  
          |        | Anatomy & Physiology II  
          |        | Myology  
          |        | Myology/Kinesiology  
          |        | Western Massage Therapy I  
          |        | Western Massage Therapy II |
| 3       | 60    | Massage Therapy Electives  
          |        | Eastern Massage Therapy I  
          |        | Eastern Massage Therapy II |
| 3       | 45    | Neurology  
          |        | Pathophysiology  
          |        | Applied Pathophysiology  
          |        | Introduction to Massage Therapy  
          |        | (See Appendix D, Section 52.15 [iv.]) |
| 1       | 15    | CPR and First Aid (non-credit)  
          |        | Massage Therapy Seminar  
          |        | Professional Development |
| 1 clinical | 104 | Clinical Practicum I  
          |        | Clinical Practicum II |
Appendix D: Course Sequence for Full-Time Participation

<table>
<thead>
<tr>
<th>1st Semester (Fall 1) Courses</th>
<th>Credits</th>
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<tbody>
<tr>
<td>BIO 130 Anatomy &amp; Physiology I</td>
<td>4</td>
</tr>
<tr>
<td>EN 101 English Composition*</td>
<td>3</td>
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<tr>
<td>GS 100 College Seminar</td>
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<tr>
<td>MT 101 Introduction to Massage Therapy</td>
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<tr>
<td>MT 105 Western Massage Therapy I</td>
<td>4</td>
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<tr>
<td>MT 110 Myology</td>
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<th>2nd Semester (Spring 1) Courses</th>
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<tr>
<td>BIO 131 Anatomy &amp; Physiology II</td>
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<tr>
<td>EN 102 Introduction to Literature*</td>
<td>3</td>
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<tr>
<td>MT 106 Eastern Massage Therapy I</td>
<td>3</td>
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<tr>
<td>MT 111 Myology/Kinesiology</td>
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</tr>
<tr>
<td>MT 205 Western Massage Therapy II</td>
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<th>3rd Semester (Fall 2) Courses</th>
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<tr>
<td>BIO 243 Neurology</td>
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<tr>
<td>BIO 333 Pathophysiology</td>
<td>3</td>
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<tr>
<td>MT 206 Eastern Massage Therapy II</td>
<td>3</td>
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<tr>
<td>MT 230 Clinical Practicum I</td>
<td>1</td>
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<tr>
<td>PH 103 Introduction to Philosophy*</td>
<td>3</td>
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<tr>
<td>PSY 101 General Psychology*</td>
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<th>4th Semester (Spring 2) Courses</th>
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<tr>
<td>MT 211 Professional Development</td>
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<tr>
<td>MT 212 Applied Pathophysiology</td>
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<tr>
<td>MT 240 Clinical Practicum II</td>
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<td>MT 245 Massage Therapy Seminar</td>
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<tr>
<td>Massage Therapy Elective</td>
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<td>Mathematics Elective**</td>
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<td>PH 205 Medical Ethics*</td>
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<td>Social Science Elective*</td>
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*Liberal Arts courses required for the Associate of Applied Science Degree